

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL	4	BIOL 1406	General Biology I	C		Satisfies Major-Specific Requirement.	
		4	BIOL 2401	Anatomy and Physiology I (Core)	C	030/090	See General Education Core for more details. Lecture and Lab included	
		3	MATH 1343	Introduction to Biostatistics (Core)	C	020	College Ready TSI status in Mathematics or MATH 0314/0332/0342.	See General Education Core for more details.
		4	NUTR 3452	Food Preparation	C			Satisfies Major-Specific Requirement.
			UNIV	1301 Learning Framework 1101 Academic and Career Success 1001 Living and Working by Design				As required, based on credit hours earned, TSI status, High school rank, major declaration
15 Semester Total Hours								
FIRST YEAR	SPRING	3	NUTR 2351	Introduction to Clinical Nutrition	C		Satisfies Major-Specific Requirement.	
		3	CHEM 1311	General Chemistry I	C		Prerequisites: MATH 1314, MATH 1414, MATH 1342, MATH 1343, MATH 2412, MATH 2413 with a grade of "C" or higher."	Satisfies Major-Specific Requirement.
		1	CHEM 1111	General Chemistry I Lab (Core)	C	090	CHEM 1311	See General Education Core for more details.
		4	BIOL 1407	General Biology II	C		BIOL 1406	Satisfies Major-Specific Requirement.
		4	BIOL 2402	Anatomy and Physiology II (Core)	C	030/090	BIOL 2401.	See General Education Core for more details. Lecture and Lab included
15 Semester Total Hours								
SECOND YEAR	FALL	3	CHEM 1312	General Chemistry II	C		CHEM 1311.	Satisfies Major-Specific Requirement.
		1	CHEM 1112	General Chemistry II Lab	C		CHEM 1312.	Satisfies Major-Specific Requirement.
		3	HRPT 2303	Medical Terminology	C			Satisfies Major-Specific Requirement.
		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1301
		3	Choose 1	American History (Core)		060		See General Education Core for more details Options: HIST 1301 or HIST/MASC 2327
		3	KINE 3353	Physiology of Exercise	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement
		16 Semester Total Hours						
SECOND YEAR	SPRING	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
		4	NUTR 2401	Food and Clinical Pathogens	C		BIOL 1406, BIOL 1407	Satisfies Major-Specific Requirement.
		3	HPRS 4300	Pharmacology for Health Professional	C			Satisfies Major-Specific Requirement.
		3	CHEM 2323	Organic Chemistry I	C		CHEM 1312.	Satisfies Major-Specific Requirement.
		1	CHEM 2123	Organic Chemistry Lab I	C		CHEM 1112.	Satisfies Major-Specific Requirement.
14 Semester Total Hours								

CORE: The 2021-2022 list of core courses can be found in the 2021-2022 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Core Curriculum'

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL	3	KINE 3360	Exercise Testing and Prescription	C		Grade of 'C' or better in KINE 3153 and KINE 3353. Satisfies Major-Specific Requirement.	
		1	KINE 3160	Exercise Testing and Prescription Lab	C		Grade of 'C' or better in KINE 3153 and KINE 3353. Satisfies Major-Specific Requirement.	
		2	NUTR 4259	Introduction to Community Nutrition	C		NUTR 2351 Satisfies Major-Specific Requirement.	
		3	HPRS 3320	Patient Education in Health Sciences	C		Instructor's approval. Satisfies Major-Specific Requirement.	
		3	NUTR 3310	Advanced Nutrition and Exercise Metabolism	C		CHEM 2323 and CHEM 2123 Satisfies Major-Specific Requirement.	
		3	KINE 4310	Measurement Techniques in Physical Exercise and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343. Satisfies Major-Specific Requirement.	
15 Semester Total Hours								
THIRD YEAR	SPRING	2	NUTR 3255	Multicultural Foods	C		NUTR 3452 Satisfies Major-Specific Requirement.	
		3	NUTR 4310	Nutritional Education and Counseling	C		NUTR 2351 Satisfies Major-Specific Requirement.	
		3	NUTR 3350	Integrative Nutrition and Nutrigenomics	C		NUTR 2351, NUTR 3452, NUTR 3310 Satisfies Major-Specific Requirement.	
		4	NUTR 3456	Experimental Foods	C		NUTR 3452 Satisfies Major-Specific Requirement.	
		3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST/MASC 2328
15 Semester Total Hours								
	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FOURTH YEAR	FALL	3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.
		3	KINE 3365	Physiology and Techniques of Strength/Power Fitness	C			Grade of "C" KINE 3353, KINE 3370. Satisfies Major-Specific Requirement.
		3	POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for course options.
		3	Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options.
		3	KINE 4355	Pediatric Exercise Physiology	C			Grade of "B" or better in BIOL 2401 and BIOL 2402. Satisfies Major-Specific Requirement.
		15 Semester Total Hours						
FOURTH YEAR	SPRING	3	POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for course options.
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options. Options: COMM 1311; CSCI 1380
		3	PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.
		3	KINE 4360	Clinical Exercise Physiology	C			"C" in KINE 3360/3160 Satisfies Major-Specific Requirement.
3	NUTR 4357	Research Methods in Nutrition	C			NUTR 2401, NUTR 3255, NUTR 3452, NUTR 3350, NUTR 3456 Satisfies Major-Specific Requirement.		
15 Semester Total Hours								

Major Admission requirements

Admission to the program is determined by a minimum High school or current undergraduate GPA of 3.0 on a 4.0 scale with no additional criteria. Students who have completed college level courses should have a minimum GPA of 2.7 in Nutrition, Biology, Chemistry, and Mathematics courses required in the program. With the exception of a minimum GPA, the program is open enrollment and program capacity will only be limited by personnel availability and laboratory space. Deadline to apply to the program will be April 30th of each year. It is highly recommended for students to get advice from the Program Faculty and Academic Advising.

Major Progression requirements

Students must maintain a grade of "C" or above in all the Science, Math and Nutrition major requirement courses to remain in the program. The students are also expected to complete the required prerequisites for the courses. They are also expected to co-register in courses as detailed in the degree plan. Students are required to follow procedures as detailed in the student handbook.

Major Graduation requirements

Completion of the major is based on the student receiving a minimum grade of "C" in all Required Courses and Concentration courses under the Major Requirements section in the degree plan and core curriculum courses required for the major.

120 TOTAL HOURS
(42) ADVANCED MINIMUM CREDIT HOURS

Approved: Wednesday, October 27, 2021

Revised: Saturday, 23, 2021