

	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes		
FIRST YEAR	FALL	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1301 or ENGL 1387 (H)	
		3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST 1387 (H) or HIST/MASC 2327	
		3	MATH 1314	College Algebra (Core)	C	020	Satisfactory scores on Math portion of ACT test or TSI math exam or MATH 0314/0332/0342.	See General Education Core for more details.	
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement	
		4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence	
				UNIV 1301	Learning Framework				Only if required, based on ACT/SAT and high school rank.
		16 Semester Total Hours							
FIRST YEAR	SPRING	3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1302 or ENGL 1388 (H) or ENGL 1305	
		3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST 1388 (H) or HIST/MASC 2328	
		4	BIOL 2402	Anatomy and Physiology II		030/090	BIOL 2401.		
		3	Choose 1	Creative Arts		050		See General Education Core for course options.	
		1	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.	
				14 Semester Total Hours					
SECOND YEAR	FALL	3	Choose 1	Language, Philosophy & Culture (Core)		040		Choose 3 hours from Anthropology, English, or Philosophy	
		3	Choose 1	Social and Behavioral Sciences (Core)		080		See General Education Core for course options.	
		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2305 or POLS 2385 (H)	
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.	
		3	KINE 2315	Individual Sports			Kinesiology major and KINE 1351.	Satisfies Major-Specific Requirement.	
				15 Semester Total Hours					
	SECOND YEAR	SPRING	3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2306 or POLS 2386 (H)
			3	KINE 3315	Advanced Sport Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
			3	KINE 3353	Physiology of Exercise	C		BIOL 2401.	Satisfies Major-Specific Requirement. Lab not required for Kinesiology major.
			3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
			3	X3XX	Free Elective	C			See Degree Plan for course options.
		15 Semester Total Hours							
						Apply to Kinesiology Program.	Must apply to program		

CORE: The 2019-2020 list of core courses can be found at: www.utrgv.edu > Academics > Undergraduate > General Education Core
www.utrgv.edu/core

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL	3	KINE 3370	Biomechanics	C		BIOL 1309/1109 or BIOL 2401.	Satisfies Major-Specific Requirement.	
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	33XX-43XX	Free Advanced Elective	C				
		3	33XX-43XX	Free Advanced Elective	C				
		3	33XX-43XX	Free Advanced Elective	C				
			15 Semester Total Hours						
SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing.	Satisfies Major-Specific Requirement.		
	3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.		
	3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.		
	3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.		
	3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.		
		15 Semester Total Hours							
FOURTH YEAR	FALL	3	KINE 3330	Coaching of Sports	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 3378	Planning and Use of Facilities	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 3379	Sports Marketing and Technology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 4309	Kinesiology Curriculum for Secondary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 4330	Structure and Organization of Recreational Programs	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	33XX-43XX	Free Advanced Elective	C			Satisfies Major-Specific Requirement.	
			18 Semester Total Hours						
	SPRING	3	KINE 4370	Management in Exercise and Health Promotion	C		Junior or senior standing.	Satisfies Major-Specific Requirement.	
		3	KINE 4382	Kinesiology Practicum	C			Capstone course. Taken at last semester.	
		3	33XX-43XX	Free Advanced Elective	C			See Degree Plan for course options.	
		3	33XX-43XX	Free Advanced Elective	C			See Degree Plan for course options.	
			12 Semester Total Hours						

Note

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.

Admission Requirements

Completion of 60 hours of course work and junior standing. To progress a grade of 'C' or better must be maintained in all advanced coursework.

Progression:

A grade of "C" must be maintained in all advanced coursework.

Graduation Requirements

1. A GPA of 2.75 or higher in each section is required for graduation.

120 TOTAL HOURS
(54) TOTAL ADVANCED HOURS

Approved: Friday, April 5, 2019
Revised: Monday, May 6, 2019