

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes		
FIRST YEAR	FALL		3	Choose 1	Communication (Core)		C	010 For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1301 or ENGL 1387 (H)		
			3	Choose 1	American History (Core)			060	See General Education Core for more details. Options: HIST 1301 or HIST 1387 or HIST/MASC 2327		
			3	MATH 1342	Elementary Statistical Methods				020	College Ready TSI status in Mathematics.	
			4	BIOL 2401	Anatomy and Physiology I				030	See General Education Core for more details. Priority course for major sequence	
			1	Choose 1	Integrative and Experiential Learning				090	See General Education Core for more details.	
					UNIV 1301	Learning Framework				Only if required, based on ACT/SAT and high school rank.	
<b>14 Semester Total Hours</b>											
FIRST YEAR	SPRING		3	Choose 1	Communication (Core)		C	010 For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1302 or ENGL 1388 (H) or ENGL 1305		
			3	Choose 1	American History (Core)			060	See General Education Core for more details. Options: HIST 1302 or HIST 1388 or HIST/MASC 2328		
			4	BIOL 2402	Anatomy and Physiology II				030	BIOL 2401.	
			3	Choose 1	Language, Philosophy & Culture (Core)				040	See General Education Core for course options.	
			3	KINE 1306	First Aid and First Responder					Satisfies Major-Specific Requirement.	
<b>16 Semester Total Hours</b>											
SECOND YEAR	FALL		3	Choose 1	Government/Political Science (Core)			070	See General Education Core for more details Options: POLS 2305 or POLS 2385 (H)		
			3	NUTR 2351	Introduction to Clinical Nutrition					Satisfies Major-Specific Requirement.	
			3	Choose 1	Creative Arts (Core)				050	See General Education Core for course options.	
			3	X3XX	Minor					Satisfies Minor-Specific Requirement.	
			3	HLTH 2301	Introduction to Health Education				C	Satisfies Major-Specific Requirement.	
	<b>15 Semester Total Hours</b>										
	SECOND YEAR	SPRING		3	Choose 1	Government/Political Science (Core)			070	See General Education Core for more details Options: POLS 2306 or POLS 2386 (H)	
				3	SOCI 1301 or PSYC 2301	Introduction to Sociology or General Psychology				080	See General Education Core for course options.
				3	X3XX	HLTH Elective					Satisfies Major-Specific Requirement.
				3	Choose 1	Integrative and Experiential Learning				090	See General Education Core for course options.
			3	X3XX	Minor					Satisfies Minor-Specific Requirement.	
<b>15 Semester Total Hours</b>											

**Symbols Key**

**Critical (!):** sequence sensitive course.

**Minimum Grade:** A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

**General Education Core (GEC) Sections:** 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

**Language Proficiency Requirement:** Student is required to demonstrate language proficiency in a language other than English at the undergraduate level equivalent to a minimum of six credits.

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3		HLTH 2352	Personal Health	C		Junior standing.	Satisfies Major-Specific Requirement.
		3		33XX-43XX	HLTH Advanced Elective	C		Junior standing.	Satisfies Major-Specific Requirement.
		3		33XX-43XX	HLTH Advanced Elective	C		Junior standing.	Satisfies Major-Specific Requirement.
		3		X3XX	Minor				Satisfies Minor-Specific Requirement.
		3		X3XX	Minor				Satisfies Minor-Specific Requirement.
<b>15 Semester Total Hours</b>									
THIRD YEAR	SPRING	3		HLTH 3325	Latino Health	C		Junior standing.	Satisfies Major-Specific Requirement.
		3		HLTH 3355	Health Behavior Theory	C			Satisfies Major-Specific Requirement.
		3		HLTH 3360	Environmental Health	C			Satisfies Major-Specific Requirement.
		3		HLTH 3365	Health Communication	C			Satisfies Major-Specific Requirement.
		3		33XX-43XX	Minor (Advanced)				Satisfies Minor-Specific Requirement.
<b>15 Semester Total Hours</b>									
		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3		HLTH 4350	Organization of the Health Program	C			Satisfies Major-Specific Requirement.
		3		HLTH 4305	Community Health Methods	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3		HLTH 4315	Health Program Planning and Evaluation	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3		HLTH 3374	Human Disease	C		Junior standing.	
		3		33XX-43XX	HLTH Advanced Elective	C			
<b>15 Semester Total Hours</b>									
FOURTH YEAR	SPRING	3		HLTH 4380	Health Education Internship Capstone	C		Senior standing.	
		3		33XX-43XX	HLTH Advanced Elective	C		Junior standing.	
		3		33XX-43XX	HLTH Advanced Elective	C		Junior standing.	
		3		33XX-43XX	HLTH Advanced Elective	C		Junior standing.	
		3		33XX-43XX	Minor (Advanced)	C			Satisfies Minor-Specific Requirement.
<b>15 Semester Total Hours</b>									

**CORE: The 2018-2019 list of core courses can be found at: [www.utrgv.edu](http://www.utrgv.edu) > Academics > Undergraduate > General Education Core [www.utrgv.edu/core](http://www.utrgv.edu/core)**

**Note:**  
This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.

**Admission requirements**

For admission, students must complete with a "C" or better HLTH 2301 and HLTH 2352; complete 60 hours of course work and have junior standing.

**Progression requirements**

A grade of 'C' or better must be maintained in all advanced coursework.

**Graduation requirements**

In addition to the graduation requirements listed in the UTRGV 2018-2019 Undergraduate Catalog, demonstration of proficiency in a language other than English is required at the undergraduate level equivalent to a minimum of six credit hours. Proficiency can be demonstrated by a college credit exam, a placement test approved through the UTRGV Department of Writing and Language Studies, and/or up to six credit hours of college-level language coursework.

**120 TOTAL HOURS**  
**(51) TOTAL ADVANCED HOURS**

Approved: Friday, July 13, 2018  
Revised: Wednesday, June 20, 2018