

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1301 or ENGL 1387 (H)	
			4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		Satisfies Major-Specific Requirement.	
			3	MATH 1314	College Algebra (Core)			020	College Ready TSI status in Mathematics.	
			3	Choose 1	American History (Core)			060		See General Education Core for more details. Options: HIST 1301 or HIST 1387 or HIST/MASC 2327
			3	Choose 1	Creative Arts (Core)			050		See General Education Core for course options.
					UNIV 1301	Learning Framework			Only if required, based on ACT/SAT and high school rank.	
	<b>16 Semester Total Hours</b>									
		SPRING		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1302 or ENGL 1388 (H) or ENGL 1305
			4	BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	Satisfies Major-Specific Requirement.	
			3	Choose 1	American History (Core)			060		See General Education Core for more details. Options: HIST 1302 or HIST 1388 or HIST/MASC 2328
	3		PSYC 2301	General Psychology (Core)			080			
	3		KINE 1301	Wellness					Satisfies Major-Specific Requirement.	
<b>16 Semester Total Hours</b>										
SECOND YEAR	FALL		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2305 or POLS 2385 (H)	
			3	Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options.	
			1	Choose 1	Integrative and Experiential Learning (Core)			090		See General Education Core for course options.
			3	ANTH 2351	Introduction to Cultural Anthropology					Satisfies Major-Specific Requirement.
			3	HRPT 2303	Medical Terminology					Satisfies Major-Specific Requirement.
			3	SOCI 1323	Social Problems					Satisfies Major-Specific Requirement.
	<b>16 Semester Total Hours</b>									
		SPRING		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2306 or POLS 2386 (H)
			3	Choose 1	Integrative and Experiential Learning (Core)			090	BIOL 1406 or BIOL 1487.	See General Education Core for course options.
			3	ENGL 3342	Technical Communication			C	6 hours of English.	Satisfies Major-Specific Requirement.
	3		KINE 3370	Biomechanics			C	BIOL 1309/1109 or BIOL 2401.		
	3		KINE 3353	Physiology of Exercise			C	BIOL 2401.		
	1	KINE 3153	Physiology of Exercise Lab			C	Co-requisite: KINE 3353			
<b>16 Semester Total Hours</b>										

CORE: The 2017-2018 list of core courses can be found at: [www.utrgv.edu](http://www.utrgv.edu) > Academics > Undergraduate > General Education Core [www.utrgv.edu/core](http://www.utrgv.edu/core)

**Symbols Key**

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

**General Education Core (GEC) Sections:** 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Computer Application; 090 - Interdisciplinary; 090 - Science Labs; 090 - Wellness.

**Language Proficiency Requirement:** Student is required to demonstrate language proficiency in a language other than English at the undergraduate level equivalent to a minimum of six credits.

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL		3	KINE 3360	Exercise Testing and Prescription	C		KINE 3353/3153		
			1	KINE 3160	Exercise Testing and Prescription Lab	C		KINE 3353, KINE 3153		
			3	KINE 4375	Motor Learning	C		BIOL 2401.		
			3	MATH 1343	Introduction to Biostatistics	C		College Ready TSI status in Mathematics.	Satisfies Major-Specific Requirement.	
			3	PSYC 4313	Abnormal Psychology	C		PSYC 2301.	Junior Standing Required.	
		3	Choose 1	Free Elective				See Degree Plan for course options.		
			<b>16 Semester Total Hours</b>							
		SPRING		3	Choose 1	Free Elective				
				3	HLTH 3372	Nutrition and Health	C		Junior standing.	Satisfies Major-Specific Requirement.
				3	PSYC 3337	Developmental Psychology: Lifespan	C		PSYC 2301 and junior standing.	Satisfies Major-Specific Requirement.
			3	KINE 4355	Pediatric Exercise Physiology	C		BIOL 2401.		
		<b>12 Semester Total Hours</b>								
FOURTH YEAR	FALL		3	KINE 3365	Physiology and Techniques of Strength/Power	C		KINE 3353/3153; and KINE 3360/3160.		
			3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.		
			3	Choose 1	Free Advanced Elective	C			Recommended: KINE 4370(prerequisite for KINE 4380)	
			3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing.		
			4	PHYS 1401	General Physics I			MATH 1414 or MATH 1314.	Satisfies Major-Specific Requirement.	
			<b>16 Semester Total Hours</b>							
		SPRING		3	KINE 4380	Exercise Science Internship	C		KINE 3365, KINE 4355, and KINE 4370.	
				3	KINE 4360	Clinical Exercise Physiology	C		KINE 3360/3160	
				3	REHS 2331	Psychology of Disability				
				3	Choose 1	Free Advanced Elective	C			
		<b>12 Semester Total Hours</b>								

**Graduation Requirements**

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

For admission, students must complete of 60 hours of course work and have junior standing.

Progression requirements

**120 TOTAL HOURS**

**(42) TOTAL ADVANCED HOURS**

1. A grade of 'C' or better must be maintained in all advanced coursework.

Approved:

Revised: 4/27/2017

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1301 or ENGL 1387 (H)	
			4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence	
			3	MATH 1314	College Algebra (Core)		020	College Ready TSI status in Mathematics.		
			3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST 1387 or HIST/MASC 2327	
			3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.	
					UNIV 1301	Learning Framework				Only if required, based on ACT/SAT and high school rank.
<b>16 Semester Total Hours</b>										
FIRST YEAR	SPRING		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1302 or ENGL 1388 (H) or ENGL 1305	
			4	BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	Satisfies Major-Specific Requirement.	
			3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST 1388 or HIST/MASC 2328	
			3	Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options.	
			3	PSYC 2301	General Psychology (Core)		080			
<b>16 Semester Total Hours</b>										
SECOND YEAR	FALL		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2305 or POLS 2385 (H)	
			3	KINE 1301	Wellness				Satisfies Major-Specific Requirement.	
			4	BIOL 1406	General Biology I				Satisfies Major-Specific Requirement.	
			3	SOCI 1301	Introduction to Sociology				Satisfies Major-Specific Requirement.	
			1	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.	
	<b>14 Semester Total Hours</b>									
	SECOND YEAR	SPRING		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2306 or POLS 2386 (H)
				4	BIOL 1407	General Biology II			BIOL 1406 or BIOL 1487.	Satisfies Major-Specific Requirement.
				3	KINE 3353	Physiology of Exercise		C	BIOL 2401.	
				1	KINE 3153	Physiology of Exercise Lab		C	Co-requisite: KINE 3353	
			3	KINE 3370	Biomechanics		C	BIOL 1309/1109 or BIOL 2401.	See General Education Core for course options.	
<b>14 Semester Total Hours</b>										

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[www.utrgv.edu/core](http://www.utrgv.edu/core)

**Symbols Key**

**Critical (!):** sequence sensitive course.

**Minimum Grade:** A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

**General Education Core (GEC) Sections:** 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Computer Application; 090 - Interdisciplinary ;090 - Science Labs; 090 - Wellness.

**Language Proficiency Requirement:** Student is required to demonstrate language proficiency in a language other than English at the undergraduate level equivalent to a minimum of six credits.

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
THIRD YEAR	FALL	3		KINE 3360	Exercise Testing and Prescription	c		KINE 3353/3153		
		1		KINE 3160	Exercise Testing and Prescription Lab	c		KINE 3353, KINE 3153		
		3		KINE 4375	Motor Learning	c		BIOL 2401.		
		3		Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.	
		3		CHEM 1311	General Chemistry I			MATH 1314, MATH 1414, MATH 1342, MATH 1343, MATH 1388, MATH 2412, MATH 2413, or MATH 2487 with a grade of "C" or higher."	Satisfies Major-Specific Requirement.	
	1		CHEM 1111	General Chemistry I Lab			Credit/registration in CHEM 1301.	Satisfies Major-Specific Requirement.		
			<b>14 Semester Total Hours</b>							
	SPRING	3		KINE 4355	Pediatric Exercise Physiology	c		BIOL 2401.		
		3		HLTH 3372	Nutrition and Health	c		Junior standing.		
		3		CHEM 1312	General Chemistry II			CHEM 1311.	Satisfies Major-Specific Requirement.	
1			CHEM 1112	General Chemistry II Lab			Credit/registration in CHEM 1312.	Satisfies Major-Specific Requirement.		
3			MATH 1342	Elementary Statistical Methods			College Ready TSI status in Mathematics.	OR MATH 1343 or PSYC 2401		
		<b>13 Semester Total Hours</b>								
FOURTH YEAR	FALL	3		KINE 3365	Physiology and Techniques of Strength/Power Fitness	c		KINE 3353/3153; and KINE 3360/3160.		
		3		KINE 4351	Adapted Kinesiology	c		Junior or senior standing.		
		3		KINE 4310	Measurement Techniques in Physical Education and Sport	c		Junior or senior standing.		
		4		PHYS 1401	General Physics I	c		MATH 1414 or MATH 1314.	Satisfies Major-Specific Requirement.	
		3		Choose 1	Free Advanced Elective	c			Recommended: KINE 4370(prerequisite for KINE 4380)	
			<b>16 Semester Total Hours</b>							
	SPRING	3		KINE 4380	Exercise Science Internship	c		KINE 3365, KINE 4355, and KINE 4370.	Capstone course.	
		3		KINE 4360	Clinical Exercise Physiology	c		KINE 3360/3160		
		4		PHYS 1402	General Physics II			PHYS 1401.	Satisfies Major-Specific Requirement.	
		3		PSYC 3337	Developmental Psychology: Lifespan	c		PSYC 2301 and junior standing.	OR ENGL 3342 or HRPT 2303	
4			Choose 1	Free Advanced Elective	c					
		<b>17 Semester Total Hours</b>								

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Graduation Requirements

120 TOTAL HOURS

(42) TOTAL ADVANCED HOURS

For admission, students must complete of 60 hours of course work and have junior standing.

Progression requirements

1. A grade of 'C' or better must be maintained in all advanced coursework.

Approved:

Revised: 4/27/2017

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes	
FIRST YEAR	FALL		3	Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1301 or ENGL 1387 (H)	
			4	BIOL 2401	Anatomy and Physiology I (Core)		030/090		See General Education Core for more details. Priority course for major sequence	
			3	MATH 1314	College Algebra (Core)		020	College Ready TSI status in Mathematics.		
			3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST 1387 or HIST/MASC 2327	
			3	Choose 1	Creative Arts (Core)		050		See General Education Core for course options.	
				UNIV 1301	Learning Framework				Only if required, based on ACT/SAT and high school rank.	
	<b>16 Semester Total Hours</b>									
	SPRING		3	Choose 1	Communication (Core)		C	010	For all 010 courses: Satisfactory scores on ENGL portion of ACT test or TSI reading/writing exams or ENGL 0301. For ENGL 1302/1388, a grade of "C" or better in ENGL 1301/1387.	See General Education Core for more details Options: ENGL 1302 or ENGL 1388 (H) or ENGL 1305
			4	BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	Satisfies Major-Specific Requirement.	
			3	Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST 1388 or HIST/MASC 2328	
		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2305 or POLS 2385 (H)		
		3	Choose 1	Free Elective				See Degree Plan for course options.		
<b>16 Semester Total Hours</b>										
SECOND YEAR	FALL		3	Choose 1	Government/Political Science (Core)		070		See General Education Core for more details Options: POLS 2306 or POLS 2386 (H)	
			3	Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options.	
			3	KINE 1301	Wellness				Satisfies Major-Specific Requirement.	
			3	Choose 1	Free Elective				See Degree Plan for course options.	
			3	Choose 1	Free Elective				See Degree Plan for course options.	
	<b>15 Semester Total Hours</b>									
	SPRING		3	KINE 3370	Biomechanics		C	BIOL 1309/1109 or BIOL 2401.	Satisfies Major-Specific Requirement.	
			3	KINE 3353	Physiology of Exercise		C	BIOL 2401.	Satisfies Major-Specific Requirement.	
			1	KINE 3153	Physiology of Exercise Lab		C	Co-requisite: KINE 3353	Satisfies Major-Specific Requirement.	
			3	PSYC 2301	General Psychology (Core)		080			
		3	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.		
	1	Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.			
	3	Choose 1	Free Elective				See Degree Plan for course options.			
<b>17 Semester Total Hours</b>										

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**Language Proficiency Requirement:** Student is required to demonstrate language proficiency in a language other than English at the undergraduate level equivalent to a minimum of six credits.

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes		
THIRD YEAR	FALL	3		KINE 3360	Exercise Testing and Prescription	C		KINE 3353/3153	Satisfies Major-Specific Requirement.		
		1		KINE 3160	Exercise Testing and Prescription Lab	C		KINE 3353, KINE 3153	Satisfies Major-Specific Requirement.		
		3		KINE 4375	Motor Learning	C		BIOL 2401.	Satisfies Major-Specific Requirement.		
		3		Choose 1	Free Elective				See Degree Plan for course options.		
		3		Choose 1	Free Elective				See Degree Plan for course options.		
		<b>13 Semester Total Hours</b>									
	SPRING	3		HLTH 3372	Nutrition and Health	C		Junior standing.	Satisfies Major-Specific Requirement.		
		3		KINE 4355	Pediatric Exercise Physiology	C		BIOL 2401.			
		3		Choose 1	Free Elective				See Degree Plan for course options.		
		3		Choose 1	Free Elective				See Degree Plan for course options.		
		<b>12 Semester Total Hours</b>									
				I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3		KINE 3365	Physiology and Techniques of Strength/Power Fitness	C		KINE 3353/3153; and KINE 3360/3160.	Satisfies Major-Specific Requirement.		
		3		KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.		
		3		KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing.	Satisfies Major-Specific Requirement.		
		3		Choose 1	Free Advanced Elective	C			Recommended: KINE 4370(prerequisite for KINE 4380)		
		3		Choose 1	Free Elective				See Degree Plan for course options.		
	<b>15 Semester Total Hours</b>										
	SPRING	3		KINE 4380	Exercise Science Internship	C		KINE 3365, KINE 4355, and KINE 4370.	Capstone course.		
		3		KINE 4360	Clinical Exercise Physiology	C		KINE 3360/3160			
		3		Choose 1	Free Elective				See Degree Plan for course options.		
		3		Choose 1	Free Elective				See Degree Plan for course options.		
4			Choose 1	Free Advanced Elective	C			See Degree Plan for course options.			
<b>16 Semester Total Hours</b>											

**ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:**

**For admission, students must complete of 60 hours of course work and have junior standing.**

**Progression requirements**

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**Graduation Requirements**

**120 TOTAL HOURS**

**(42) TOTAL ADVANCED HOURS**

Approved:

Revised: 4/27/2017