**KINESIOLOGY (BS)**

*EC-12th Teacher Certification*

**Catalog: 2017-18**

**COLEGE OF HEALTH AFFAIRS**

All courses must be passed with a "C" minimum grade and need 60 earned hours to enroll in advanced courses in the major.

- Required to take and pass BIOL 2401 to enroll in KINE 3353 Physiology of Exercise.
- Required to apply for admission into teacher education program at the Certification Office in the College of Education for Integration at junior status having met required exams and pre-requisite coursework. Must have minimum GPA 2.75.
- Check with department office on requirements to take the department benchmark for clearance for content TExES.
- Required to take and pass the PPR and content TExES for clearance to student teaching. Prepare to take the exams the semester before planning to student teach.
- Required to have taken and passed all major course requirement for clearance to student teaching.

---

**ACADEMIC PLAN**

**FOURTH YEAR**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDAD 4305</td>
<td>Teaching Movement Arts to Children and Adolescents</td>
</tr>
<tr>
<td>KINE 4310</td>
<td>Measurement Techniques in Physical Education and Sport</td>
</tr>
<tr>
<td>KINE 4351</td>
<td>Adapted Kinesiology</td>
</tr>
<tr>
<td>KINE 4409</td>
<td>Kinesiology Curriculum for Secondary School Students</td>
</tr>
<tr>
<td>KINE 4414</td>
<td>Teaching Movement Arts to Children and Adolescents</td>
</tr>
<tr>
<td>KINE 4460</td>
<td>Effective Secondary Content and Classroom Management</td>
</tr>
<tr>
<td>KINE 4506</td>
<td>Physical Education and Sport Curriculum Techniques in Secondary Education</td>
</tr>
<tr>
<td>KINE 4525</td>
<td>Principles of Conditioning and Training</td>
</tr>
<tr>
<td>KINE 4534</td>
<td>Physical Education and Sport Curriculum Techniques in Secondary Education</td>
</tr>
<tr>
<td>KINE 4540</td>
<td>Motor Development</td>
</tr>
<tr>
<td>KINE 4550</td>
<td>Health and First Responder</td>
</tr>
</tbody>
</table>

---

**THIRD YEAR**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>KINE 3314</td>
<td>Advanced Sport Skills</td>
</tr>
<tr>
<td>KINE 3351</td>
<td>Introduction to Sports and Exercise Science</td>
</tr>
<tr>
<td>KINE 3353</td>
<td>Physiology of Exercise</td>
</tr>
<tr>
<td>KINE 3370</td>
<td>Biomechanics</td>
</tr>
<tr>
<td>MATH 1314</td>
<td>College Algebra</td>
</tr>
</tbody>
</table>

---

**SECOND YEAR**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDUC 1301</td>
<td>Learning Framework</td>
</tr>
<tr>
<td>KINE 1306</td>
<td>First Aid and First Responder</td>
</tr>
<tr>
<td>KINE 1351</td>
<td>Introduction to Sports and Exercise Science</td>
</tr>
<tr>
<td>EDFR 2301</td>
<td>Intercultural Context of Schooling</td>
</tr>
<tr>
<td>KINE 2305</td>
<td>General Kinesiology</td>
</tr>
<tr>
<td>EDFR 2315</td>
<td>Health and Wellness in Schools</td>
</tr>
</tbody>
</table>

---

**FIRST YEAR**

<table>
<thead>
<tr>
<th>Course</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choose 1 Communication (Core)</td>
<td></td>
</tr>
<tr>
<td>Choose 1 American History (Core)</td>
<td></td>
</tr>
<tr>
<td>BIOL 2401</td>
<td>Anatomy and Physiology I</td>
</tr>
<tr>
<td>Choose 1 Creative Arts (Core)</td>
<td></td>
</tr>
<tr>
<td>Choose 1 Integrative and Experiential Learning</td>
<td></td>
</tr>
<tr>
<td>Choose 1 Language, Philosophy &amp; Culture (Core)</td>
<td></td>
</tr>
<tr>
<td>Choose 1 Communication (Core)</td>
<td></td>
</tr>
<tr>
<td>Choose 1 American History (Core)</td>
<td></td>
</tr>
<tr>
<td>BIOL 2402</td>
<td>Anatomy and Physiology II</td>
</tr>
<tr>
<td>MATH 1314</td>
<td>College Algebra</td>
</tr>
<tr>
<td>Choose 1 Language, Philosophy &amp; Culture (Core)</td>
<td></td>
</tr>
<tr>
<td>Choose 1 Government/Political Science (Core)</td>
<td></td>
</tr>
<tr>
<td>Choose 1 Social and Behavioral Sciences</td>
<td></td>
</tr>
<tr>
<td>Choose 1 Minor</td>
<td></td>
</tr>
</tbody>
</table>

---

**Contact Info**

Dr. Zelma D. Mata  
Department Chair  
Zelma.mata@utrgv.edu

Administrative Assistant  
Ms. Alma Arteaga  
956-665-3501  
Alma.arteaga@utrgv.edu

Departmental Office Location:  
Edinburg Campus: HPE1 1.110  
956-665-3501  
Brownsville Campus: BLHSB 2.730  
956-882-8200

---

**Degree Info**

The Department of Health and Human Performance has a focus on preparing Kinesiology majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.
# Blueprint Experiences

## First Year
- **Milestones**
  - Visit My.UTRGV.edu.
  - Attend the Welcome to campus information sessions, staffing, activities, and Partnerships.
  - Take MATH 1314 in your first year.
  - Complete 30 credit hours every year in order to graduate in 4 years.
  - Shoot for a GPA of 2.75.
  - Complete your core English classes (section 010) during your first year.
  - Complete 30 credit hours in your first year.
  - Meet with your academic advisor and bring your placement folder with you to every session!
  - Choose a major with confidence - Visit my.UTRGV.edu and check out the Kuder Journey.
  - Visit a faculty member during their office hours and ask a question about class.
  - Classes fill up fast. When registration opens, be sure to register on the first day for your group.
  - Cold or flu getting you down? We have Student Health Services on campus with free office visits.

## Advice & Support
- **Apply What You Learn**
  - Look for a service learning course! For guidance, visit Engaged Scholarship & Learning Office.
  - Participate in a campus-sponsored community service project.
  - Ask a student in class to study with you.
  - Set up your profile on the Engagement Zone through My.UTRGV.edu.
  - Attend a diversity based campus or community event (eg. MLK Day of Service).
  - Attend a departmental program such as Special Olympics Activities.
  - Join a student organization! Consider looking into Health and Kinesiology Club or visit VInk (utrgv.edu/vink) for options.

## Global, Campus & Community Engagement
- **Create a Profile and set up your Profile on The Career Connection Icon** (My.UTRGV.edu).
- **Got summer plans? Visit Career Center and ask about places to do some job shadowing.**
- **Research shows that students who work on campus perform better than those who work off campus. Look for a job on the Career Center portal!**
- **Check your UTRGV email for the daily Messenger - locate and attend one student workshop.**

## Life After Graduation
- **Create a Resume and set up your profile on The Career Connection Icon** (My.UTRGV.edu).
- **Got summer plans? Visit Career Center and ask about places to do some job shadowing.**
- **Research shows that students who work on campus perform better than those who work off campus. Look for a job on the Career Center portal!**
- **Check your UTRGV email for the daily Messenger - locate and attend one student workshop.**

## Second Year
- **Milestones**
  - Complete major foundation classes, such as KINE 1306, 1315.
  - Complete 30 credit hours.
  - Apply to the Teacher Education program. The deadline is posted at the College of Education P-16 Integration website: utrgv.edu/tep.
  - Complete all 30 credit hours in your first year.
  - Meet with your academic advisor and bring your placement folder with you to every session!
  - Choose a major with confidence - Visit my.UTRGV.edu and check out the Kuder Journey.
  - Visit a faculty member during their office hours and ask a question about class.
  - Classes fill up fast. When registration opens, be sure to register on the first day for your group.
  - Cold or flu getting you down? We have Student Health Services on campus with free office visits.

## Third Year
- **Milestones**
  - Complete 30 credit hours.
  - Have you landed an internship or acquired research experience? This is the year to make it happen.
  - Complete all 30 credit hours in your first year.
  - Meet with your academic advisor and bring your placement folder with you to every session!
  - Choose a major with confidence - Visit my.UTRGV.edu and check out the Kuder Journey.
  - Visit a faculty member during their office hours and ask a question about class.
  - Classes fill up fast. When registration opens, be sure to register on the first day for your group.
  - Cold or flu getting you down? We have Student Health Services on campus with free office visits.

## Fourth Year
- **Milestones**
  - Complete all 30 credit hours in your first year.
  - Meet with your academic advisor and bring your placement folder with you to every session!
  - Choose a major with confidence - Visit my.UTRGV.edu and check out the Kuder Journey.
  - Visit a faculty member during their office hours and ask a question about class.
  - Classes fill up fast. When registration opens, be sure to register on the first day for your group.
  - Cold or flu getting you down? We have Student Health Services on campus with free office visits.

## Careers
- **Research**
- **Teaching**
- **Assessment & evaluation**
- **Program development**
- **Colleges and universities**
- **Athletic associations**
- **Research facilities**