All courses must be passed with a "C" minimum grade and need 60 earned hours to enroll in advanced courses in the major.

Apply for admission into teacher education program at the Certification Office in the College of Education.

Check with department office on requirements to take the department benchmark for clearance for content TExES.

Required to have taken and passed all major course requirement for clearance to student teaching.

A GPA of 2.75 or greater in each section is required for graduation.

Dr. Zelma D. Mata  
Department Chair  
Zelma.mata@utrgv.edu

Administrative Assistant  
Ms. Alma Arteaga  
956-665-3501  
Alma.arteaga@utrgv.edu

Departmental Office Location:  
Edinburg Campus: HPE1 1.110  
956-665-3501  
Brownsville Campus: BLHS 2.730  
956-882-6290
FIRST YEAR

- UTRGV has a Writing Center and a Learning Center. Make it a point to visit them!
- Complete your core English classes (section 010) during your first year.
- Complete 30 credit hours every year in order to graduate.
- Shoot for a GPA of 2.75.
- Take MATH1314 in your first year.

SECOND YEAR

- Meet with your academic advisor and bring your graduation folder with you to every session!
- Choose a major with confidence - visit My.UTRGV.edu and check out the Kuder Journey.
- Visit a faculty member during their office hours and ask a question about class.
- Classes fill up fast. When registration opens, be sure to register on the first day for your class.
- Cold or flu getting you down? We have Student Health Services on campus with free office visits.

THIRD YEAR

- Want to explore different careers? Check out Career Connection and visit the Career Center.
- Come ready with course suggestions and questions when you visit your academic advisor.
- Visit the Communication Hausler Lab for help with your speeches.
- Trouble making your tuition payment? The Financial Aid Office can help. Payment plans and emergency loans are also available.

FOURTH YEAR

- Complete 30 credit hours.
- Have you landed an internship or acquired research experience? This is the year to make it happen.

CAREERS

- Research
- Teaching
- Assessment & evaluation
- Program development
- Colleges and universities
- Research facilities
- Intervention:
  - Planning and development
  - Implementation
  - Evaluation
- Health education:
  - Prevention
  - Promotion

MILESTONES

- Graduation
- Engagement
- Milestones
- You learn
- Support

ADVICE & SUPPORT

- Apply to the Teacher Education program. The deadline is posted at the College of Education P-16 Integration website.
- Complete 30 credit hours.
- You have landed an internship or acquired research experience? This is the year to make it happen.
- Submit your application(s) for graduate school, an apprenticeship, or for full-time employment.
- Complete at least 30 credit hours to graduate.

APPLY WHAT YOU LEARN

- Create a résumé and set up your profile on the Career Connection icon. (My.UTRGV.edu).
- Got summer plans? Visit Career Center and ask about places to do some job shadowing.
- Research shows that students who work on campus perform better than those who work off campus. Look for a job on the Career Center portal!
- Check your UTRGV email for the daily Message. Check out the Health and Human Performance department website for postings on career/graduate school.
- Have you received your acceptance for graduate school or an employment offer? If not, network: talk to faculty, the Career Center, and get on LinkedIn.

GLOBAL, CAMPUS & COMMUNITY Engagement

- Complete major foundation classes, such as KINE 1306, 1351 and HLTH 2352.
- Complete 30 credit hours.
- Apply to the Teacher Education program. The deadline is posted at the College of Education P-16 Integration website.
- Seek out research opportunities within your major and join a professional organization such as Health Kinesiology Club email marla.tinieblas@utrgv.edu for information.
- Apply for internship and/or job shadowing opportunities. Discuss this with your advisor, faculty mentor, or Career Center.

LIFE AFTER GRADUATION

- Complete 30 credit hours.
- Complete your core English classes (section 010) during your first year.
- Complete 30 credit hours every year in order to graduate.
- Shoot for a GPA of 2.75.
- Take MATH1314 in your first year.

- “I have a plan for after graduation.” If this describes you, great! If not, visit your Faculty Advisor or Career Center!
- Register for your Capstone/senior/portfolio project.
- Complete at least 30 credit hours to graduate.
- Submit your application(s) for graduate school, an apprenticeship, or for full-time employment.
- Take PPR and Content TExES semester before planning to student teach.

- Engage in an independent study project or an academic internship to complement your major, such as clinical student teaching.
- Discuss future plans with your faculty mentor or advisor that includes employment, finances, and other life goals.
- Apply for graduation one semester prior to your anticipated date. Visit the Academic Advising Center to ensure you are on track.

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