



Bachelor of Science (BS)
Kinesiology
Athletic Training Concentration

2025-2026

This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure. Students seeking to work toward sitting for an AT Texas License exam must see the UTRGV Athletic Trainer their freshman year to apply for the program.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR	FALL	3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301.	See General Education Core for more details. Options: ENGL 1301
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1301 or HIST 2327
		3	MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics	C	020	College Ready TSI status in Mathematics.	See General Education Core for more details.
		4	BIOL 2401	Anatomy and Physiology I	B	030/090		See General Education Core for more details. Priority course for major sequence.
		3	KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.
	SPRING		UNIV	1301 Learning Framework 1101 Academic and Career Success 1001/1300 Living and Working by Design				As required, based on a number of factors such as credit hours earned, TSI status, high school rank, major declaration, etc.
		16 Semester Total Hours						
		3	Choose 1	Communication	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details. Options: ENGL 1302 or ENGL 1305
		3	Choose 1	American History		060		See General Education Core for more details. Options: HIST 1302 or HIST 2328
		4	BIOL 2402	Anatomy and Physiology II	B	030/090	BIOL 2401.	See General Education Core for more details. Priority course for major sequence.
SECOND YEAR	FALL	3	Choose 1	Creative Arts		050		See General Education Core for course options.
		3	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
		16 Semester Total Hours						
	SPRING	3	Choose 1	Language, Philosophy & Culture		040		See General Education Core for course options.
		3	PSYC 2301	General Psychology		080		See General Education Core for course options.
		3	POLS 2305	U.S. Federal Government & Politics		070		See General Education Core for more details
		3	KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.
		3	KINE 2315	Individual Sports			Kinesiology Major and KINE 1351.	Satisfies Major-Specific Requirement.
	SPRING	15 Semester Total Hours						
		3	POLS 2306	Texas Government & Politics		070		See General Education Core for more details
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
		3	KINE 3353	Physiology of Exercise I	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. Lab course KINE 3153 NOT required for Kinesiology majors.
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
		15 Semester Total Hours						

The 2024-2026 list of core courses can be found in the 2024-2026 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Bachelors Degree Program Regulations'

Symbols Key

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.
Bolded Course #: Program Admission Requirement

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3315	Advanced Sports Skills	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3370	Biomechanics	C		Grade of "B" or better in BIOL 2401 and BIOL 2402.	Satisfies Major-Specific Requirement. .
	15 Semester Total Hours							
	SPRING	3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	KINE 3352	Care, Treatment, and Prevention of Athletic Injuries	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
15 Semester Total Hours								
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	KINE 3365	Physiology and Techniques of Strength/Power Fitness	C		Grade of "C" KINE 3353, KINE 3370.	Satisfies Concentration-Specific Requirement.
		3	KINE 3354	CPR for the Professional Rescuer	C		Junior or senior standing.	Satisfies Concentration-Specific Requirement.
		3	KINE 4321	Advanced Athletic Training	C		Junior or senior standing and Grade of "C" or better in KINE 3352 and KINE 3370.	Satisfies Concentration-Specific Requirement.
		3	KINE 4309	Kinesiology Curriculum for Secondary School Students	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
	15 Semester Total Hours							
	SPRING	3	KINE 4322	Rehabilitation/Therapeutic Modalities in Athletic Training	C		KINE 3352, KINE 3370, and permission from Head Athletic Trainer.	Satisfies Concentration-Specific Requirement.
		3	KINE 4382	Kinesiology Practicum	C		Senior standing and KINE 3353, KINE 3370, KINE 4310, KINE 4356.	Satisfies Concentration-Specific Requirement.
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
		3	13XX-43XX	Free Elective				See Degree Plan for course options.
		1	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
13 Semester Total Hours								

120 TOTAL HOURS
(42) Advanced minimum credit hours

Revised: Tuesday, February 18th, 2025