

		I	H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FIRST YEAR	FALL	3		Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1301
		3		Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1301 or HIST/MASC 2327
		3		MATH 1342 or MATH 1343	Elementary Statistics or Introduction to Biostatistics (Core)	C	020	College Ready TSI status in Mathematics or MATH 0314/0332/0342.	
	4		BIOL 2401	Anatomy and Physiology I (Core)		030/090			
	3		KINE 1351	Introduction to Sports and Exercise Science				Satisfies Major-Specific Requirement.	
				UNIV	1301 Learning Framework Academic and Career Success Living and Working by Design	1101 1001			As required, based on credit hours earned, TSI status, High school rank, major declaration
16 Semester Total Hours									
SECOND YEAR	FALL	3		Choose 1	Communication (Core)	C	010	For all 010 courses: Satisfactory scores on English portion of ACT test and TSI examination or ENGL 0301. For ENGL 1302, a grade of "C" or better in ENGL 1301.	See General Education Core for more details Options: ENGL 1302 or ENGL 1305
		3		Choose 1	American History (Core)		060		See General Education Core for more details. Options: HIST 1302 or HIST/MASC 2328
		4		BIOL 2402	Anatomy and Physiology II (Core)		030/090	BIOL 2401.	
	3		Choose 1	Creative Arts (Core)		050		See General Education Core for course options.	
	3		Choose 1	Integrative and Experiential Learning (Core)		090		See General Education Core for course options.	
	16 Semester Total Hours								
THIRD YEAR	FALL	3		Choose 1	Language, Philosophy & Culture (Core)		040		See General Education Core for course options. Choose 3 hours from Anthropology, Communication, English or Philosophy
		3		PSYC 2301	General Psychology (Core)		080		See General Education Core for course options.
		3		POLS 2305	U.S. Federal Government & Politics (Core)		070		See General Education Core for more details
	3		KINE 1306	First Aid and First Responder				Satisfies Major-Specific Requirement.	
	3		KINE 2315	Individual Sports			Kinesiology major and KINE 1351	Satisfies Major-Specific Requirement.	
	15 Semester Total Hours								
FOURTH YEAR	SPRING	3		POLS 2306	Texas Government & Politics (Core)		070		See General Education Core for more details
		3		KINE 3315	Advanced Sports Skills	C		Junior or Senior Standing.	Satisfies Major-Specific Requirement.
		3		KINE 3353	Physiology of Exercise	C		BIOL 2401.	Satisfies Major-Specific Requirement.
		3		X3XX	Free Elective				
		3		33XX-43XX	Free Advanced Elective				
15 Semester Total Hours									

CORE: The 2021-2022 list of core courses can be found in the 2021-2022 Undergraduate Catalog: www.utrgv.edu/catalog > See 'Core Curriculum'

Symbols Key

Critical (!): sequence sensitive course.

Minimum Grade: A - Excellent; B - Good; C - Satisfactory; D - Below Average; CR - Credit; P - Passing; S - Satisfactory.

General Education Core (GEC) Sections: 010 - Communication; 020 - Mathematics; 030 - Life and Physical Sciences; 040 - Language, Philosophy & Culture; 050 - Creative Arts; 060 - American History; 070 - Government/Political Science; 080 - Social and Behavioral Sciences; 090 - Applied Communication and Literacies; 090 - Humanities; 090 - Leadership; 090 - Science Labs; 090 - Interdisciplinary ; 090 - Technologies; 090 - Language Diversity & Writing.

		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
THIRD YEAR	FALL	3	KINE 3370	Biomechanics	C		BIOL 2401.	Satisfies Major-Specific Requirement.
		3	KINE 3341	Principles of Conditioning and Fitness	C		Junior or Senior Standing.	Satisfies Major-Specific Requirement.
		3	KINE 3314	Teaching Movement Arts to Children and Adolescents	C		Junior or Senior Standing.	Satisfies Major-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective				
		3	33XX-43XX	Free Advanced Elective				
		15 Semester Total Hours						
SPRING		3	KINE 4310	Measurement Techniques in Physical Education and Sport	C		Junior or senior standing and MATH 1342 or MATH 1343.	Satisfies Major-Specific Requirement.
		3	Choose 1	KINE Theory	C		Junior or senior standing.	See Degree Plan for course options. KINE 3300, KINE 3303, KINE 3304, KINE 3305, KINE 3333
		3	KINE 4356	Motor Development	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	33XX-43XX	Free Advanced Elective				
		3	KINE 4351	Adapted Kinesiology	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		15 Semester Total Hours						
		H	Course #	Course Title	Min. Grade	GEC	Prerequisite	Additional Notes
FOURTH YEAR	FALL	3	KINE 3365	Physiology and Techniques of Strength/Power Fitness	C		Grade of "C" or better in KINE 3353 and KINE 3370.	Satisfies Major-Specific Requirement.
		3	KINE 3368	Kinesiology Workshop	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 3330	Coaching of Sports	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		3	KINE 4302	Kinesiology Curriculum for Elementary Students	C		Junior or Senior Standing.	
		3	KINE 3344	Sports Officiating	C		Junior or senior standing.	Satisfies Major-Specific Requirement.
		15 Semester Total Hours						
SPRING		3	KINE 4382	Kinesiology Practicum	P		Last semester of coursework and Instructor Approval.	Capstone course. Taken at last semester
		3	33XX-43XX	Free Advanced Elective				See Degree Plan for course options.
		3	33XX-43XX	Free Advanced Elective				See Degree Plan for course options.
		3	KINE 4309	Kinesiology Curriculum for Secondary Students	C		Junior or Senior Standing.	Satisfies Major-Specific Requirement.
		1	Choose 1	Integrative and Experiential Learning		090		See General Education Core for course options.
		13 Semester Total Hours						

Note

In accordance to Texas Occupations Code 58.001, this program requires for the student to undergo a criminal background check and to meet other requirements for clearance in order to conduct observation hours as deemed by the program, and/or in meeting requirements set by an affiliation site for internship/practicum.

Major Progression Requirements

1. Progression requirements required for this program.

A grade of "C" or better must be maintained in all advanced coursework in the major.

Major Graduation Requirements

1. Specific graduation requirements required for this program beyond university bachelor's degree requirements.

A GPA of 2.75 or greater in the major is required for graduation.

120 TOTAL HOURS

(42) Advanced minimum credit hours

Approved: Wednesday, October 27, 2021

Revised: Wednesday, October 27, 2021