This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure.

The Department of Health and Human Performance has a focus on preparing Health majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

A – GENERAL EDUCATION CORE – 42 HOURS

Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education core requirements.

**Required**

**020 - Mathematics – 3 hours**  
MATH 1342 Elementary Statistical Methods (or MATH 1387 Honors)

**030 - Life and Physical Sciences – 6 hours**  
BIOL 2401 Anatomy and Physiology I three-hour lecture  
BIOL 2402 Anatomy and Physiology II three-hour lecture

**080 – Social and Behavioral Sciences – 3 hours**  
Choose from:  
- SOCI 1301 Introduction to Sociology  
- PSYC 2301 General Psychology

**090 - Integrative and Experiential Learning – 2 hours**  
BIOL 2401 Anatomy and Physiology I one-hour lab  
BIOL 2402 Anatomy and Physiology II one-hour lab

B – MAJOR REQUIREMENTS – 60 HOURS (45 advanced)

**1 – Health Core – 39 hours (27 advanced)**  
KINE 1306 First Aid and First Responder  
NUTR 2351 Introduction to Clinical Nutrition  
HLTH 2301 Introduction to Health Education  
HLTH 2352 Personal Health  
HLTH 3325 Latino Health  
HLTH 3355 Health Behavior Theory  
HLTH 3360 Environmental Health  
HLTH 3365 Health Communication  
HLTH 3374 Human Disease  
HLTH 4305 Community Health Methods  
HLTH 4315 Health Program Planning and Evaluation  
HLTH 4350 Organization of the Health Program  
HLTH 4380 Health Education Internship Capstone

**2 – Health Electives – 21 hours (18 advanced)**  
Choose from:  
- HLTH 3305 Selected Topics in Health Education  
- HLTH 3371 Health Problems in Alcohol, Tobacco, and Narcotics  
- HLTH 3373 Human Sexuality  
- HLTH 3375 Consumer Health  
- KINE 4370 Management in Exercise and Health Promotion  
- MARK 3300 Principles of Marketing  
- SOCI 3324 Sociology of Health  
- SOCW 2362 The Social Welfare Institution  
- SOCW 4320 Social Work in Health Care  
- SOCI 1301 Introduction to Sociology or PSYC 2301 General Psychology (not completed in the general education core)  
- PSYC 3324 Social Psychology
HEALTH
BACHELOR OF SCIENCE

2018-2019
College of Health Professions
Health and Human Performance

C – MINOR – 18 HOURS (6 advanced)

TOTAL CREDIT HOURS FOR GRADUATION – 120 HOURS
TOTAL ADVANCED HOURS – 51 HOURS

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Admission requirements
For admission, students must complete with a 'C' or better HLTH 2301 and HLTH 2352; complete 60 hours of course work and have junior standing.

Progression requirements
A grade of 'C' or better must be maintained in all advanced coursework.

Graduation requirements
In addition to the graduation requirements listed in the UTRGV 2018-2019 Undergraduate Catalog, demonstration of proficiency in a language other than English is required at the undergraduate level equivalent to a minimum of six credit hours. Proficiency can be demonstrated by a college credit exam, a placement test approved through the UTRGV Department of Writing and Language Studies, and/or up to six credit hours of college-level language coursework.