This program leads to a profession which requires an occupational license as defined under Texas Occupations Code 58.001. This requires that all applicants seeking to become licensed must undergo a criminal background check prior to licensure. Students in this program should check with the College of Education and P-16 Integration on the requirements for a criminal background check prior to student teaching.

The Department of Health and Human Performance has a focus on preparing Health majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

A - GENERAL EDUCATION CORE - 42 HOURS
Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education core requirements.

- **Required**
  - **020 - Mathematics** – 3 hours
    - MATH 1342 Elementary Statistical Methods (or MATH 1387 Honors)
  - **030 - Life and Physical Sciences** – 6 hours
    - BIOL 2401 Anatomy and Physiology I three-hour lecture
    - BIOL 2402 Anatomy and Physiology II three-hour lecture
  - **090 - Integrative and Experiential Learning** – 2 hours
    - BIOL 2401 Anatomy and Physiology I one-hour lab
    - BIOL 2402 Anatomy and Physiology II one-hour lab

B - MAJOR REQUIREMENTS - 39 HOURS (27 advanced)

1 - Health Core – 30 hours (18 advanced)
- KINE 1301 Wellness
- KINE 1306 First Aid and First Responder
- HLTH 2373 Growth, Development, and Fitness
- HLTH 2352 Personal Health
- HLTH 3300 School Health Methods
- HLTH 3350 Organization of the Health Program
- HLTH 3372 Nutrition and Health
- HLTH 3373 Human Sexuality
- HLTH 3374 Human Disease
- HLTH 3375 Consumer Health

2 - Advanced Health Electives – 9 hours (9 advanced)
Choose 9 hours of advanced Health courses.

C - TEACHER CERTIFICATION – 27 HOURS (24 advanced)

- **Area of Certification: Health (EC-12)**
- EDFR 2301 Intercultural Context of Schooling
- EDUC 3301 The Teaching Profession and Student Learning in Contemporary Schools
- EDUC 3302 Human Development, Learning Theories, and Student Learning
- EDUC 3303 Teaching in Today’s Diverse Classrooms
- EDUC 3304 Instructional Planning, Classroom Management, and Assessment to Promote Student Learning
- EDUC 4306 Implementing and Assessing Effective Secondary Content Pedagogy
- READ 4305 Content Area Literacy
- EDUC 4611 Student Teaching Secondary or All-Level

D - MINOR – 18 HOURS (6 advanced)

TOTAL CREDIT HOURS FOR GRADUATION – 126 HOURS
TOTAL ADVANCED HOURS – 57 HOURS
ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Admission requirements
For admission, students must complete of 57 hours of course work, have Junior standing, and be admitted to the Teacher Education program.

Progression requirements
A grade of ‘C’ or better must be maintained in all advanced coursework. For teacher certification, students must apply for admission and be accepted to the College of Education and P-16 Integration prior to enrolling in teacher certification courses, except for EDFR 2301 which is open to all students.

Graduation requirements
1. A GPA of 2.75 or greater in each section is required for graduation.
2. In addition to the graduation requirements listed in the UTRGV 2017-2018 Undergraduate Catalog, demonstration of proficiency in a language other than English is required at the undergraduate level equivalent to a minimum of six credit hours. Proficiency can be demonstrated by a college credit exam, a placement test approved through the UTRGV Department of Writing and Language Studies, and/or up to six credit hours of college-level language coursework.