

**Bachelor of Science in Health and Human Performance
2014 - 2015 Catalog**

The University of Texas at Brownsville and Texas Southmost College

This document provides a list of the UTB/TSC courses required for the major and their equivalent UTRGV courses.

A significant number of courses have changed their course prefix, number, and title.

For any additional information, please visit the Academic Advising Center.

UTB/TSC Courses

Course Equivalents at UTRGV

GENERAL EDUCATION CORE COURSES REQUIRED FOR THE MAJOR

030 – Natural Sciences

BIOL 2301/2101 Anatomy and Physiology I/Lab I

BIOL 2302/2102 Anatomy and Physiology II/Lab II

BIOL 2401 Anatomy and Physiology I

BIOL 2402 Anatomy and Physiology II

A – GENERAL EDUCATION CORE – 42 HOURS

42 hours of General Education Core

B – MAJOR REQUIREMENTS – 51 hours

1 – Core Courses for the Major – 46 hours

KINE 1301 Introduction to Sports and Exercise Science

KINE 1306 First Aid/First Responder

KINE 2304 Outdoor Education

KINE 3314 Dance for Children and Adolescents

KINE 3330 Coaching of Sports

KINE 3340 Principles of Wellness and Fitness

KINE 3353 Physiology of Exercise and Human Performance

KINE 3153 Physiology of Exercise and Human Performance Lab

KINE 3356 Motor Development

KINE 3370 Biomechanics

KINE 4302 Kinesiology Curriculum for Elementary Students

KINE 4309 Kinesiology Curriculum for Secondary School Students

KINE 4310 Measurement Techniques in Physical Exercise and Sports

KINE 4311 Psychology of Sports and Exercise

KINE 4351 The Adapted Kinesiology Program

KINE 1351 Introduction to Sports and Exercise Science

KINE 1306 First Aid and First Responder

KINE 2304 Outdoor Education

KINE 3314 Teaching Movement Arts to Children and Adolescents

KINE 3330 Coaching of Sports

KINE 3341 Principles of Conditioning and Fitness

KINE 3353 Physiology of Exercise

KINE 3153 Physiology of Exercise Lab

KINE 4356 Motor Development

KINE 3370 Biomechanics

KINE 4402 Kinesiology Curriculum for Elementary Students

KINE 4409 Kinesiology Curriculum for Secondary School Students

KINE 4310 Measurement Techniques in Physical Education and Sport

KINE 4311 Psychology of Sport and Exercise

KINE 4351 Adapted Kinesiology

Choose one course:

KINE 3344 Sports Officiating

KINE 1308 Sports Officiating (Football/Volleyball)

KINE 1309 Sports Officiating (Basketball/Softball)

2 – Kinesiology Activities – 5 hours

KINE 11__ Team Sport

KINE 11__ Individual Sport

KINE 1111 Folk and Square Dance

KINE 1124 Swimming or KINE 11XX Any 1-hr Activity Course

KINE 1133 Basic Sports Skills

KINE 11__ Team Sport

KINE 11__ Individual Sport

KINE 1211 Folk and Square

KINE 1200 Swimming

KINE 1234 Basic Sport Skills

C – RESTRICTED ELECTIVES – 6 HOURS

Choose 6 hours from the following courses:

(6 hours must be advanced 3000, 4000 level)

HLTH 3300 Elementary and Secondary School Health

HLTH 3305 Selected Topics in Health Education

HLTH 3325 Latino Health Issues

HLTH 4300 Human Disease

HLTH 4305 Community Health Methods

HLTH 4315 Health Program Planning and Evaluation

KINE 4322 Adapted Aquatics and Rehabilitation

KINE 4358 Motor Control and Learning

HLTH 3300 School Health Methods

HLTH 3305 Selected Topics in Health Education

HLTH 3325 Latino Health

HLTH 3374 Human Disease

HLTH 4305 Community Health Methods

HLTH 4315 Health Program Planning and Evaluation

KINE 4323 Adapted Aquatics and Rehabilitation

KINE 4375 Motor Learning

D – SUPPORT AREA AND/OR ELECTIVES – 21 HOURS

(3 hours must be advanced 3000, 4000 level)

21 hours of Support Area and/or Electives

(3 hours must be advanced 3000, 4000 level)

TOTAL CREDIT HOURS FOR GRADUATION – 120

TOTAL ADVANCED HOURS (minimum) – 36

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INDIVIDUAL Sport

KINE 1101 Aerobic Dance and Exercise
KINE 1102 Angling and Baitcasting
KINE 1103 Archery
KINE 1104 Badminton
KINE 1105 Ballet I
KINE 1106 Ballet II
KINE 1108 Body Mechanics (Women Only)
KINE 1109 Bowling
KINE 1112 Folklorico
KINE 1113 Golf
KINE 1114 Gymnastics
KINE 1115 Jazz and Modern Dance
KINE 1116 Jogging
KINE 1117 Paddle Tennis
KINE 1118 Pington
KINE 1119 Racquetball
KINE 1120 Sailing
KINE 1121 Self-Defense
KINE 1125 Table Tennis
KINE 1126 Tap Dance
KINE 1127 Tennis I
KINE 1128 Tennis II
KINE 1130 Weight Training
KINE 1131 Wrestling
KINE 1132 Surfing
KINE 1134 Physical Conditioning
KINE 1135 Activities for Elementary School Students
KINE 1136 Activities for Secondary School Students

TEAM Sport

KINE 1107 Basketball Team
KINE 1110 Flag Football
KINE 1122 Soccer
KINE 1123 Softball
KINE 1129 Volleyball

KINE 1201 Aerobic Exercise
KINE 1202 Angling and Baitcasting
KINE 1203 Archery
KINE 1204 Badminton
KINE 1205 Ballet I
KINE 1206 Ballet II
KINE 1208 Body Mechanics (Women Only)
KINE 1209 Bowling
KINE 1212 Folklorico
KINE 1213 Golf
KINE 1214 Gymnastics
KINE 1215 Jazz and Modern Dance
KINE 1216 Jogging
KINE 1217 Paddle Tennis
KINE 1218 Pington
No course eq
KINE 1220 Sailing
KINE 1222 Self-Defense
KINE 1225 Table Tennis
KINE 1226 Tap Dance
KINE 1227 Tennis
KINE 1228 Tennis II
KINE 1230 Weight Training
KINE 1231 Wrestling
KINE 1232 Surfing
KINE 1233 Physical Conditioning
No course equivalent
No course equivalent

KINE 1207 Basketball
KINE 1219 Racquetball
KINE 1223 Soccer
KINE 1224 Softball
KINE 1229 Volleyball