The Department of Health and Human Performance has a focus on preparing Health majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

**STUDENT LEARNING OUTCOMES:**

1. Comprehend concepts related to health promotion and disease prevention.
2. Demonstrate the ability to evaluate valid health information and health-promoting products and services.
3. Advocate for personal, family, and community health.

**A – GENERAL EDUCATION CORE – 42 HOURS**

*Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education core requirements.*

**Required**

**Mathematics – 3 hours**

MATH 1342 Elementary Statistical Methods (or MATH 1387 Honors)

**Life and Physical Sciences – 6 hours**

BIOL 2401 Anatomy and Physiology I three-hour lecture
BIOL 2402 Anatomy and Physiology II three-hour lecture

**Language, Philosophy, and Culture – 3 hours**

PHIL 2320 Professional Ethics

**Integrative and Experiential Learning – 6 hours**

BIOL 2401 Anatomy and Physiology I one-hour lab
BIOL 2402 Anatomy and Physiology II one-hour lab
KINE 1301 Wellness
CSCI 1105 Digital Technology in the Modern World

**B – MAJOR REQUIREMENTS – 60 HOURS (36 advanced minimum)**

**1 – Health Core – 30 hours (24 advanced)**

KINE 1306 First Aid and First Responder
HLTH 2352 Personal Health
HLTH 3305 Selected Topics in Health Education
HLTH 3325 Latino Health
HLTH 3350 Organization of the Health Program
HLTH 3372 Nutrition and Health
HLTH 3374 Human Disease
HLTH 4305 Community Health Methods
HLTH 4315 Health Program Planning and Evaluation
HLTH 4380 Principles of Public Health (Capstone)

**2 – Health Electives – 30 hours (24 advanced)**

*Choose from:*

HLTH 1352 Community and Environmental Health
C – MINOR – 18 HOURS (6 advanced)

TOTAL CREDIT HOURS FOR GRADUATION – 120 HOURS

TOTAL ADVANCED HOURS – 51 HOURS

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Admission requirements
For admission, students must complete of 60 hours of course work and have junior standing.

Progression requirements
A grade of ‘C’ or better must be maintained in all advanced coursework.
The Department of Health and Human Performance has a focus on preparing Health majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

STUDENT LEARNING OUTCOMES:

1. Teacher candidates will be able to demonstrate attainment of essential knowledge of fundamental concepts of health education content and pedagogy.
2. Teacher candidates will be able to demonstrate the ability to evaluate valid health information and health promoting products and services.
3. Teacher candidates will be able to demonstrate their ability to apply the knowledge and skills associated with health education pedagogy.

A – GENERAL EDUCATION CORE – 42 HOURS

Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education core requirements.

Required

Mathematics – 3 hours
MATH 1342 Elementary Statistical Methods (or MATH 1387 Honors)

Life and Physical Sciences – 6 hours
BIOL 2401 Anatomy and Physiology I three-hour lecture
BIOL 2402 Anatomy and Physiology II three-hour lecture

Language, Philosophy, and Culture – 3 hours
PHIL 2320 Professional Ethics

Integrative and Experiential Learning – 6 hours
BIOL 2401 Anatomy and Physiology I one-hour lab
BIOL 2402 Anatomy and Physiology II one-hour lab
KINE 1301 Wellness
CSCI 1105 Digital Technology in the Modern World

B – MAJOR REQUIREMENTS – 39 HOURS (30 advanced)

1 – Health Core – 30 hours (21 advanced)
KINE 1306 First Aid and First Responder
HLTH 2373 Growth, Development, and Fitness
HLTH 2352 Personal Health
HLTH 3300 School Health Methods
HLTH 3350 Organization of the Health Program
HLTH 3372 Nutrition and Health
HLTH 3373 Human Sexuality
HLTH 3374 Human Disease
HLTH 3375 Consumer Health
HLTH 4380 Principles of Public Health (Capstone)

2 – Advanced Health Electives – 9 hours (9 advanced)
Choose 9 hours of advanced Health courses.

**C – TEACHER CERTIFICATION – 27 HOURS (24 advanced)**

*Area of Certification: Health (EC-12)*

- EDFR 2301 Intercultural Context of Schooling
- EDUC 3301 The Teaching Profession and Student Learning in Contemporary Schools
- EDUC 3302 Human Development, Learning Theories, and Student Learning
- EDUC 3303 Teaching in Today's Diverse Classrooms
- EDUC 3304 Instructional Planning, Classroom Management, and Assessment to Promote Student Learning
- EDUC 4306 Implementing and Assessing Effective Secondary Content Pedagogy
- READ 4305 Content Area Literacy
- EDUC 4611 Student Teaching Secondary or All-Level

**D – MINOR – 18 HOURS (6 advanced)**

**TOTAL CREDIT HOURS FOR GRADUATION – 126 HOURS**

**TOTAL ADVANCED HOURS – 60 HOURS**

**ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:**

**Admission requirements**

For admission, students must complete of 60 hours of course work, have Junior standing, and be admitted to the Teacher Education program.

**Progression requirements**

A grade of ‘C’ or better must be maintained in all advanced coursework. For teacher certification, students must apply for admission and be accepted to the College of Education and P-16 Integration prior to enrolling in teacher certification courses, except for EDFR 2301 which is open to all students.

**Graduation requirements**

A GPA of 2.75 or greater in each section is required for graduation.