

**Degree Type – Bachelor of Science (BS)**  
**Degree Title – Psychology**

A college degree in psychology opens the door to one of the most challenging and rewarding professional fields today. Psychology students learn the necessary skills to assist people in improving their mental health; they also gain knowledge and abilities that are valued in many other fields, such as business and politics. At the bachelor's level, psychology graduates are sought in fields like mental health casework statistics, probation and corrections, public relations, health education, social work, human resources, recreational therapy, education, and physician assisting among others.

**STUDENT LEARNING OUTCOMES:**

1. Students will demonstrate knowledge of the major schools of thought in Psychology. Measurement will involve an embedded question in the final exam.
2. Students will be able to explain the APA ethical guidelines for professional psychology.
3. Students will integrate knowledge of research methods, data collection and interpretation of data.
4. Students will respect and use critical and creative thinking, skeptical inquiry, and when possible, the scientific approach to solve problems related to behavior and mental processes.

**A – GENERAL EDUCATION CORE – 42 HOURS**

*Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education Core requirements.*

**Required**

**Social and Behavioral Science – 3 hours**

*Must be outside Psychology.*

**B – MAJOR REQUIREMENTS – 38 HOURS (30 advanced)**

**1 – Psychology Core – 20 hours (12 advanced)**

- PSYC 2301 General Psychology  
PSYC 2102 Orientation Majors for Psychology  
PSYC 2401 Basic Statistics for Psychologists  
PSYC 3325 Research Methods in Psychology  
PSYC 3343 Tests and Measurements in Psychology  
PSYC 3353 Physiological Psychology  
PSYC 4363 Systems and Theories in Psychology

**2 – Psychology Electives – 18 hours (18 advanced)**

*Choose at least one course from each area:*

**a – Cognitive Foundations – 3 hours minimum (3 advanced minimum)**

*Choose at least one:*

- PSYC 3345 Psychology of Learning  
PSYC 3373 Sensation and Perception  
PSYC 4319 Cognitive Psychology  
PSYC 4320 Memory

**b – Theoretical Foundations – 3 hours minimum (3 advanced minimum)**

*Choose at least one:*

- PSYC 4318 Theories of Learning  
PSYC 4333 Theories of Personality  
PSYC 4363 Systems and Theories in Psychology

**c – Developmental/Social/Cultural Foundations – 3 hours minimum (3 advanced minimum)***Choose at least one:*

- PSYC 3324 Social Psychology
- PSYC 3332 Developmental Psychology: Infancy Through Adolescence
- PSYC 3333 Psychology of Adulthood: Maturity and Old Age
- PSYC 3337 Developmental Psychology: Lifespan
- PSYC 3338 Psychology of Gender
- PSYC 4326 Cross-Cultural Psychology
- PSYC 4328 Psychological Issues in the Mexican-American Community

**d – Applications – 3 hours minimum (3 advanced minimum)***Choose at least one:*

- PSYC 3340 Stress Management
- PSYC 3405 Behavior Modification
- PSYC 4313 Abnormal Psychology
- PSYC 4342 Psychology and Law
- PSYC 4343 Human Factors

**C – FREE ELECTIVES – 14 HOURS****D – RESTRICTED ELECTIVES – 8 HOURS**

*Choose 8 hours from any of the following disciplines: astronomy, biology, anatomy and physiology, chemistry, geology, physical science and physics.*

**E – MINOR – 18 HOURS (12 advanced)****TOTAL CREDIT HOURS FOR GRADUATION – 120 HOURS****TOTAL ADVANCED HOURS – 42 HOURS****ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:****Graduation requirements**

In addition to the graduation requirements listed in the UTRGV 2015-2017 Undergraduate Catalog, demonstration of proficiency in a language other than English is required at the undergraduate level equivalent to a minimum of six credit hours. Proficiency can be demonstrated by a college credit exam, a placement test approved through the UTRGV Department of Writing and Language Studies, and/or up to six credit hours of college-level language coursework.