

The Department of Health and Human Performance has a focus on preparing Kinesiology majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

A – GENERAL EDUCATION CORE – 42 HOURS

Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education core requirements.

Required

020 - Mathematics – 3 hours

MATH 1314 College Algebra

030 - Life and Physical Sciences – 6 hours

BIOL 2401 Anatomy and Physiology I three-hour lecture

BIOL 2402 Anatomy and Physiology II three-hour lecture

040 - Language, Philosophy, and Culture – 3 hours

Choose 3 hours from Anthropology, Communication, English, or Philosophy.

090 - Integrative and Experiential Learning – 2 hours

BIOL 2401 Anatomy and Physiology I one-hour lab

BIOL 2402 Anatomy and Physiology II one-hour lab

B – MAJOR REQUIREMENTS – 39 HOURS (33 advanced)

KINE 1306 First Aid and First Responder

KINE 1351 Introduction to Sports and Exercise Science

KINE 3314 Teaching Movement Arts to Children and Adolescents

KINE 3415 Advanced Sport Skills

KINE 3341 Principles of Conditioning and Fitness

KINE 3353 Physiology of Exercise

KINE 3356 Motor Development

KINE 3370 Biomechanics

KINE 4310 Measurement Techniques in Physical Education and Sport

KINE 4351 Adapted Kinesiology

KINE 4402 Kinesiology Curriculum for Elementary Students

KINE 4409 Kinesiology Curriculum for Secondary Students

C – TEACHER CERTIFICATION – 27 HOURS (24 advanced)

Area of Certification: Physical Education (EC-12)

EDFR 2301 Intercultural Context of Schooling

EDUC 3301 The Teaching Profession and Student Learning in Contemporary Schools

EDUC 3302 Human Development, Learning Theories, and Student Learning

EDUC 3303 Teaching in Today's Diverse Classrooms

EDUC 3304 Instructional Planning, Classroom Management, and Assessment to Promote Student Learning

EDUC 4306 Implementing and Assessing Effective Secondary Content Pedagogy

READ 4305 Content Area Literacy

EDUC 4611 Student Teaching Secondary or All-Level

D – MINOR – 18 HOURS (6 advanced)

Area of minor must have Teacher Certification available.

TOTAL CREDIT HOURS FOR GRADUATION – 126 HOURS

TOTAL ADVANCED HOURS – 63 HOURS

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Admission requirements

For admission, students must complete of 60 hours of course work, have Junior standing, and be admitted to the Teacher Education program.

Progression requirements

A grade of 'C' or better must be maintained in all advanced coursework. For teacher certification, students must apply for admission and be accepted to the College of Education and P-16 Integration prior to enrolling in teacher certification courses, except for EDFR 2301 which is open to all students.

Graduation requirements

1. A GPA of 2.75 or greater in each section is required for graduation.
2. In addition to the graduation requirements listed in the UTRGV 2017-2019 Undergraduate Catalog, demonstration of proficiency in a language other than English is required at the undergraduate level equivalent to a minimum of six credit hours. Proficiency can be demonstrated by a college credit exam, a placement test approved through the UTRGV Department of Writing and Language Studies, and/or up to six credit hours of college-level language coursework.