

The Department of Health and Human Performance has a focus on preparing Health majors to function professionally in a changing and diverse society, and to improve the quality of life through the understanding, delivering and promotion of health, physical activity, and wellness.

A – GENERAL EDUCATION CORE – 42 HOURS

Students must fulfill the General Education Core requirements. The courses listed below satisfy both degree requirements and General Education core requirements.

Required

020 - Mathematics – 3 hours

MATH 1342 Elementary Statistical Methods (or MATH 1387 Honors)

030 - Life and Physical Sciences – 6 hours

BIOL 2401 Anatomy and Physiology I three-hour lecture

BIOL 2402 Anatomy and Physiology II three-hour lecture

090 - Integrative and Experiential Learning – 2 hours

BIOL 2401 Anatomy and Physiology I one-hour lab

BIOL 2402 Anatomy and Physiology II one-hour lab

B – MAJOR REQUIREMENTS – 39 HOURS (27 advanced)

1 – Health Core – 30 hours (18 advanced)

KINE 1301 Wellness

KINE 1306 First Aid and First Responder

HLTH 2373 Growth, Development, and Fitness

HLTH 2352 Personal Health

HLTH 3300 School Health Methods

HLTH 3350 Organization of the Health Program

HLTH 3372 Nutrition and Health

HLTH 3373 Human Sexuality

HLTH 3374 Human Disease

HLTH 3375 Consumer Health

2 – Advanced Health Electives – 9 hours (9 advanced)

Choose 9 hours of advanced Health courses.

C – TEACHER CERTIFICATION – 27 HOURS (24 advanced)

Area of Certification: Health (EC-12)

EDFR 2301 Intercultural Context of Schooling

EDUC 3301 The Teaching Profession and Student Learning in Contemporary Schools

EDUC 3302 Human Development, Learning Theories, and Student Learning

EDUC 3303 Teaching in Today's Diverse Classrooms

EDUC 3304 Instructional Planning, Classroom Management, and Assessment to Promote Student Learning

EDUC 4306 Implementing and Assessing Effective Secondary Content Pedagogy

READ 4305 Content Area Literacy

EDUC 4611 Student Teaching Secondary or All-Level

D – MINOR – 18 HOURS (6 advanced)

TOTAL CREDIT HOURS FOR GRADUATION – 126 HOURS

TOTAL ADVANCED HOURS – 57 HOURS

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Admission requirements

For admission, students must complete of 57 hours of course work, have Junior standing, and be admitted to the Teacher Education program.

Progression requirements

A grade of 'C' or better must be maintained in all advanced coursework. For teacher certification, students must apply for admission and be accepted to the College of Education and P-16 Integration prior to enrolling in teacher certification courses, except for EDFR 2301 which is open to all students.

Graduation requirements

1. A GPA of 2.75 or greater in each section is required for graduation.
2. In addition to the graduation requirements listed in the UTRGV 2017-2019 Undergraduate Catalog, demonstration of proficiency in a language other than English is required at the undergraduate level equivalent to a minimum of six credit hours. Proficiency can be demonstrated by a college credit exam, a placement test approved through the UTRGV Department of Writing and Language Studies, and/or up to six credit hours of college-level language coursework.