

Bachelor of Science in Kinesiology

2014 - 2015 Catalog

The University of Texas-Pan American

This document provides a list of the UTPA courses required for the major and their equivalent UTRGV courses.

A significant number of courses have changed their course prefix, number, and title.

For any additional information, please visit the Academic Advising Center.

UTPA Courses	Course Equivalents at UTRGV
B – GENERAL EDUCATION CORE – 43 HOURS	
Natural Science – 8 hours	
BIOL 2403 Anatomy and Physiology I	BIOL 2401 Anatomy and Physiology I
BIOL 2404 Anatomy and Physiology II	BIOL 2402 Anatomy and Physiology II
B – MAJOR REQUIREMENTS – 53 HOURS (39 advanced minimum)	
1 – Kinesiology Core – 35 hours (21 advanced)	
KIN 1202 Fitness and Wellness	KINE 1233 Physical Conditioning
KIN 1351 Introduction to Kinesiology	Recommended alternative: KINE 1351 Intro to Sport & Exer Sci
KIN 1354 Safety and First Aid (must include CPR certification)	KINE 1306 First Aid and First Responder
KIN 2310 Outdoor Education	KINE 2304 Outdoor Education
KIN 3340 Elementary and Middle School Kinesiology Activities	KINE 3340 E and MS Kine Activities
KIN 3345 Biomechanics	KINE 3370 Biomechanics
KIN 3352 Athletic Injuries	KINE 3352 Care, Treatment, and Prevention of Athletic Injuries
KIN 3353 Physiology of Exercise	KINE 3353 Physiology of Exercise
KIN 3365 Tests and Measurements	KINE 4310 Measurement Techniques in Physical Education and Sport
KIN 3395 Motor Learning	KINE 4375 Motor Learning
HLTH 3372 Nutrition and Health	
<i>Choose one:</i>	
KIN 2305 Team Sports	KINE 2305 Team Sports
KIN 2315 Individual Sports	KINE 2315 Individual Sports
KIN 2320 Movement Arts	KINE 2320 Movement Arts
2 – Emphasis – 18 hours (18 advanced)	
a – Coaching – 18 hours (18 advanced)	
KIN 3377 Instructional Methods for Sport Coaching	KINE 3330 Coaching of Sports
KIN 3368 Sport Psychology	KINE 4311 Psychology of Sport and Exercise
KIN 3370 Strength and Conditioning	KINE 3365 Physiology and Techniques of Strength/Power Fitness
KIN 3344 Sports Officiating	KINE 3344 Sports Officiating
KIN 4368 Kinesiology Practicum	KINE 4380 Exercise Science Internship
<i>Choose one:</i>	
KIN 3300 Theory of Football	KINE 3300 Theory of Football
KIN 3301 Theory of Wrestling	KINE 3301 Theory of Soccer
KIN 3303 Theory of Basketball	KINE 3303 Theory of Basketball
KIN 3304 Theory of Baseball	KINE 3304 Theory of Baseball
KIN 3305 Theory of Track and Field	KINE 3305 Theory of Track and Field
KIN 3310 Modified Team and Individual Sports	Recommended alternative: KINE 4351 Adaptive Kinesiology
KIN 3320 Theory of Volleyball	Recommended alternative: KINE 3330 Coaching of Sports or KINE 3415 Adv. Sport Skills
KIN 3333 Theory of Soccer	KINE 3333 Theory of Soccer
b – Athletic Training – 18 hours (18 advanced)	
KIN 3370 Strength and Conditioning	KINE 3365 Physiology and Techniques of Strength/Power Fitness
KIN 3354 CPR for the Professional Rescuer	KINE 3354 CPR for the Professional Rescuer
KIN 4321 Advanced Athletic Training	KINE 4321 Advanced Athletic Training
KIN 4322 Rehabilitation/Therapeutic Modalities in Athletic Training	KINE 4322 Rehabilitation/Therapeutic Modalities in Athletic Training

KIN 4368 Kinesiology Practicum

Choose 3 hours of advanced Kinesiology.

c – Health Fitness – 18 hours (18 advanced)

KIN 3342 Lifestyle Management

KIN 3346 Lab Methods for Health Fitness Instructor I

KIN 3348 Lab Methods for Health Fitness Instructor II

KIN 3350 Leadership and Program Administration

KIN 3354 CPR for the Professional Rescuer

KIN 4368 Kinesiology Practicum

C – MINOR – 18 HOURS (6 advanced minimum)

D – FREE ELECTIVES – 6 HOURS

KINE 4380 Exercise Science Internship

KINE 3342 Lifestyle Management

Select alternative course

Select alternative course

Recommended alternative: KINE 4330 Structure and Organization of Recreational Programs

KINE 3354 CPR for the Professional Rescuer

KINE 4380 Exercise Science Internship

TOTAL CREDIT HOURS FOR GRADUATION – 120 HOURS

TOTAL ADVANCED HOURS – 51 HOURS

ADMISSION, PROGRESSION, AND GRADUATION REQUIREMENTS, if applicable:

Graduation requirements

To graduate a minimum of 120 hours, (may vary based upon Minor chosen), plus GPA 2.5 or greater in Major and General Education.